















Menu Items Containing Allergens

Week 3 - Monday

Week commencing 11th March and 1st April 2019















| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| Menu Item | Celery | Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites |
| Chicken Tikka Masala Curry | | | | | | | | | | | | MCT | | |
| Vegetable Tikka Masala Curry | | | | | | | | | | | | | | |
| Naan Bread | | | | | | | | | | | | MCT | | |
| Savoury Rice | | | | | | | | | | | | | | |
| Jacket Potato with Cheese | | | | | | | | | | | | | | |
| Chicken Mayo Wrap | | | | | | | | | | | | MCT | | |
| Chocolate Slice | | | | MCT | | | | | | | | MCT | | |

(MCT= May Contain Traces)

Menu Items Containing Allergens

Week 3 - Tuesday

Week commencing 11th March and 1st April 2019

| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
| Menu Item | Celery | Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites |
| Fish Stars | | | | MCT | | | MCT | | | | | MCT | | |
| Vegetarian Nuggets | | | | MCT | | | MCT | | | | | MCT | | |
| Sauté Potatoes | | | | | | | | | | | | | | |
| Green Beans | | | | | | | | | | | | | | |
| Jacket potato with Baked Beans | | | | | | | | | | | | | | |
| Halal Southern Fried Chicken with Lettuce and Mayo Wrap | | | | | | | | | | | | MCT | | |
| American Pancakes | | | | | | | | | | MCT | | MCT | | |

(MCT = May Contain Traces)

Menu Items Containing Allergens

Week 3 - Wednesday

Week commencing 11th March and 1st April 2019



| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| Menu Item | Celery | Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites |
| Roast Turkey with Stuffing | | | | | | | MCT | | | | | | | |
| Vegetarian Risotto | | | | | | | | | | | | | | |
| Roast Potatoes | | | | | | | | | | | | | | |
| Carrots and Broccoli | | | | | | | | | | | | | | |
| Jacket Potato with Spaghetti Hoops | | | | | | | | | | | | | | |
| Jam Sandwich | | | | | | | | | | MCT | | MCT | | |
| Iced Strawberry Mousse | | | | MCT | | | | | | | | | | |

(MCT = May Contain Traces)

Menu Items Containing Allergens

Week 3 - Thursday

Week commencing 11th March and 1st April 2019















| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------------------|---|---|---|---|---|---|--|---|---|---|---|---|---|---|
| Menu Item | Celery | Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites |
| Halal Chicken with Black Bean Sauce | | | | | | | | | | | | | | |
| Egg Noodles with Veg Stir Fry | | | | | | | | | | | | MCT | | |
| Prawn Crackers | | | | | MCT | | | MCT | | | | MCT | MCT | |
| Savoury Rice | | | | | | | | | | | | | | |
| Jacket Potato with Sweet & Sour Pork | | | | | | | | | MCT | | | | | |
| Ham Salad Sandwich | | | | | | | | | | MCT | | MCT | MCT | |
| Oat Flapjack | | | | MCT | | | MCT | | | MCT | | MCT | | MCT |

(MCT = May Contain Traces)

Menu Items Containing Allergens

Week 3 - Friday

Week commencing 11th March and 1st April 2019

| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| Menu Item | Celery | Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites |
| Beef Burger Patty in a Bun | | | | | | | | | | | | MCT | | |
| Mild Spicy Bean Burger in a Bun | | | | | | | | | | | | MCT | | |
| Chips | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | |
| Jacket Potato with Cheese & Coleslaw | | | | | | | | | MCT | | | | | |
| Egg Mayo Sandwich | | | | | | | MCT | | MCT | | | MCT | MCT | |
| Angel finger Slice | | | | | | | | | | MCT | | MCT | MCT | |

(MCT = May Contain Traces)