

Dear Parent/Carer,

At part of our Science, PSHE (personal, social, health education) and Personal Development curriculum this term, we will be teaching a unit of lessons on RSE (relationships and sex education). We have developed this programme after extensive consultation with our parents and have delivered it successfully for several years.

The programme has been developed to ensure it is appropriate to the age and maturity of your child and it is an important aspect of your child's education. If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, we hope they will grow into confident and healthy adults able to make positive choices. This starts with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The lessons will be delivered by teachers in Two Mile Ash School and the content will be based on the compulsory requirements of the Science and PSHE curriculum. Depending upon the content of the lesson, at times boys and girls will be taught separately. In addition, the teachers will be following our school RSE policy (<https://www.tmaschool.com/wp-content/uploads/2022/07/TMA-PSHE-SRE-Policy-2022-2023.pdf>) and agreed protocols.

- Year 3: Family structures, child development (baby to adolescence) and wellbeing, body awareness, telling and networks (including people who can help me);
- Year 4: Relationships and behaviour, keeping clean, emotions, body awareness, telling networks (including people who can help me);
- Year 5: Physical and emotional changes during puberty, personal hygiene, body awareness, secret keeping, telling networks (including positive relationships);
- Year 6: Male/female body facts and the human reproduction cycle, body awareness, consent, telling networks (including types of relationships), keeping safe in the local environment.

Parents are entitled to withdraw their children from part of the RSE programme that is outside the compulsory elements in the SRE curriculum. Parents wishing to exercise this right are invited to contact the Head of PSHE who will discuss their concerns and the possible impact that withdrawal may have on the pupil. Parents need to understand that the right of withdrawal does not apply to the compulsory elements of the National Curriculum (https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907638/RSE_primary_schools_guide_for_parents.pdf).

If you would like to talk through any of the planning or ask any questions, we will be holding a RSE parental 'drop in' on Wednesday 3rd May from 3:30pm – 5pm. If you are unable to attend and have any questions, please contact reception and we will be happy to put you in contact with your child's class teacher.

Kind regards,

Sinead Fawcett
Head of PSHE

Helen Pidgeon
Head of Mental Health and Wellbeing