

5 May 2023



## WALK TO SCHOOL WEEK 2023

Dear Parents/ Carers,

**Walk to School Week** is taking place between **Monday 15<sup>th</sup> May 2023** and **Friday 19<sup>th</sup> May 2023**. This is a Living Streets initiative run as part of May's National walking month to encourage children in primary schools to walk, wheel or stride to school over a five-day period.

### Why walk?

There are many benefits of walking to school with your child:

- Physical activity is good for the health of both you and your child.
- Fewer cars on the roads and around the school gates make the area safer for those who want to walk.
- Your child can practise their road safety skills to prepare them for later life.
- It's sociable for pupils and adults, you can meet up with others. Why not see what you can spot on the journey?
- Walking is much cheaper than coming by car.
- Children who walk to school arrive more alert and ready to learn.
- Fewer cars mean cleaner air for our children.
- Walking to school rather than coming by car is better for the environment.
- Walking is less stressful than being stuck in traffic and trying to find somewhere to park.
- Walking to school can actually be quicker!

### What if I can't walk to school?

Some pupils may live too far away to be able to walk to school. Try to find a car park or place where you can park and then walk to school from there. That way your child is getting exercise and you are reducing the danger from cars parked around school. Please remember to always park safely and legally away from the school.

### Happy Shoesday

On **Tuesday 16<sup>th</sup> May 2023**, we are welcoming children and grown-ups to wear shoes that make them happiest! We are asking for small donations on this day to support with the planning of future walking/scooting/cycling initiatives in school. Please make donations via ParentPay during the Walk to School Week.



### What next?

If you enjoyed the walk why not try to walk once a week? If everyone swapped their cars for their feet just once a week, this would reduce school-run cars by 20%.

We hope to see many of you walking to school during this week.

Yours sincerely,

Mr. Saville