



#HelloYellow



M&S

YOUNGMINDS

Dear parents and carers,

We are writing to let you know that we are taking part in #HelloYellow on 10th October 2023 this World Mental Health Day.

The number of young people in need of mental health support is growing faster than ever – with a record breaking 420,000 young people being treated for mental health problems every month. Most young people aren't getting the help they need, and this can't go on.

That's why this year #HelloYellow is more important than ever. We need to make sure young people know that how they feel matters and they deserve to feel supported.

We'll be joining thousands of other schools by wearing yellow to show young people that how they feel matters, as well as raising money for #YoungMinds.

To take part, students can wear yellow to school on 10th October, and we ask parents and carers to consider making a donation of £1.00 to YoungMinds. Donations can be brought into school on 10th October by your child.

We're confident that taking part in #HelloYellow will show our young people that they're not alone with their mental health.

Together, we can create a brighter future for children and young people.

Kind regards,

Natalie Phillips

Children's Mental Health and Wellbeing Coach