

Dear Parent / Carer

It has been noticed that there has been an increase in the cases of head lice in your child's year group.

Please help us to get rid of this nuisance by thoroughly checking your child's hair and the rest of your family if necessary over the course of the next 10 days and then regularly after that. Treat where appropriate using one of the following suggested methods:

### **CHEMICALS**

Use a preparation recommended by your local pharmacist and follow instructions carefully.

### **'WET COMBING' METHOD**

To do this you will need hair conditioner, a nit comb, time and patience.

- Wash hair as usual with shampoo,
- While hair is wet, apply plenty of hair conditioner,
- Comb hair with wide toothed comb to remove tangles,
- Comb hair using a fine nit comb. Comb from the roots to the end of the hair, separating the hair a little at a time.
- Repeat this **every 3 days for two weeks** to get rid of any newly hatched lice.

### **NITTY GRITTY COMB**

The Nitty Gritty nit free comb is available on NHS prescription. For further information and details of how to obtain your NHS prescription please log on to [www.nittygritty.co.uk](http://www.nittygritty.co.uk)

May we take this opportunity to remind you that it is school policy to ask for children to be taken home for treatment when live insects are seen.

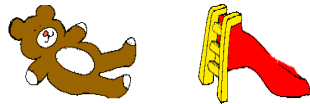
Thank you for your assistance in this matter.

Yours sincerely

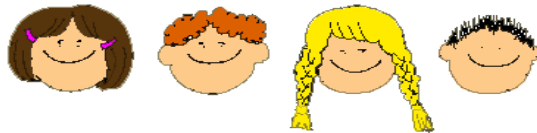
Mrs Cathie Stone  
Matron

# IT'S OK TO SHARE

SHARE A TOY, SHARE A SLIDE



SHARE THE FEELINGS DEEP INSIDE



BUT NEVER SHARE A HAT OR COMB



OR LICE COULD MAKE YOUR HAIR THEIR HOME

