# PRIMARY

SCHOOL

# **MONDAY**

#### PRIMARY MENU

## TUESDAY WEDNESDAY

## **THURSDAY**

#### **FRIDAY**

MEAT Choice

Beef Pasta Bolognaise (GL)

Chicken & Pineapple Pizza with Corn on the Cob (GL-MI) Roast Chicken with Diced Roast Potatoes & Gravy (CE-SU)

Chicken Pie (GL)

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN Choice

Mac & Cheese (GL-MI-MU) Margherita Pizza with Corn on the Cob (GL-MI) Vegetable Hot Pot with Diced Roast Potatoes (GL-CE-SU)

Vegetable Pie (GL) Vegan Sausage with Chips & Tomato Sauce (SO)

**PASTA** 

Tomato & Vegetable Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI) Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI) Cheese, Beans or Tuna (MI-FI) Cheese, Beans or Tuna (MI-FI)

**VEGETABLES** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**DESSERT** 

Fruit Yoghurt (MI) or Fresh Fruit Apple Flapjack (GL) or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Sprinkle Cake (GL, EG) or Fresh Fruit

Sliced Fruit Wedges



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BREAD CONTAINS - GL - MI - EG - SO





CELERY - CE / GLUTEN - GL /
CRUSTACEANS - CR / EGGS - EG /
FISH - FI / LUPIN - LU / MILK - MI
MOLLUSCS - MO / MUSTARD - MU /
NUTS - NU / PEANUTS - PE /



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY





# PRIMARY

SCHOOL U

#### **PRIMARY MENU**

### **MONDAY**

#### **TUESDAY**

## WEDNESDAY

#### **THURSDAY**

#### **FRIDAY**

MEAT Choice

Beef Chilli with Rice (GL)

Chicken & Sweetcorn Pizza with Corn on the Cob (GL-MI) Roast Turkey with Diced Roast Potatoes & Gravy (CE-SU)

Chicken Curry with Rice

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN Choice

Vegetable & Bean Chilli with Rice

Margherita Pizza with Corn on the Cob (GL-MI)

Vegetable & Potato Pie with Gravy

Vegetable Curry with Rice

Vegetable Omelette with Chips & Tomato Sauce (EG-MI)

**PASTA** 

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL) Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI) Cheese, Beans or Salmon (MI-FI)

**VEGETABLES** 

Mixed Vegetables

**Mixed Vegetables** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**DESSERT** 

Fruit Yoghurt (MI)
or Fresh Fruit

Oaty Cookie (GL)
or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit Sweet Potato Brownie (GL,EG) or Fresh Fruit

**Sliced Fruit Wedges** 



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BREAD CONTAINS - GL - MI - EG - SO





CELERY - CE / GLUTEN - GL /
CRUSTACEANS - CR / EGGS - EG /
FISH - FI / LUPIN - LU / MILK - MI
MOLLUSCS - MO / MUSTARD - MU
NUTS - NU / PEANUTS - PE /
SESAME SEEDS - SE SOYA - SO /

**ALLERGY KEY** 



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY





# RIMARY

SCHOOL

# **PRIMARY MENU**

### **MONDAY**

### **TUESDAY**

## WEDNESDAY

### **THURSDAY**

#### **FRIDAY**

MEAT Choice

**Sweet Potato Topped** Cottage Pie (GL)

Chicken & Pepper Pizza with Corn on the Cob (GL-MI)

Roast Chicken with Diced **Roast Potatoes & Gravy** (CE-SU)

Beef Lasagne (MI-GL-EG)

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN Choice

**Sweet Potato Topped** Vegetable Cottage Pie (GL)

Margherita Pizza with Corn on the Cob (GL-MI)

Vegetable **Wellington with Gravy** (GL)

Veggie Lasagne (MI-GL-EG)

**Falafel with Chips** & Tomato Sauce (GL)

**PASTA** 

Tomato & Vegetable Pasta (GL)

**JACKET POTATO** 

Cheese, Beans or Tuna (MI-FI)

VEGETABLES

**Mixed Vegetables** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**Mixed Vegetables** 

**DESSERT** 

Fruit Yoghurt (MI) or Fresh Fruit

Home Baked Cookie (GL) or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Banana Cake (GL,EG) or Fresh Fruit

**Sliced Fruit Wedges** 



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BREAD CONTAINS - GL - MI - EG - SO







FRESH FRUIT AVAILABLE EVERY DAY FRESH BREAD AVAILABLE EVERY DAY SALAD BAR AVAILABLE EVERY DAY

