

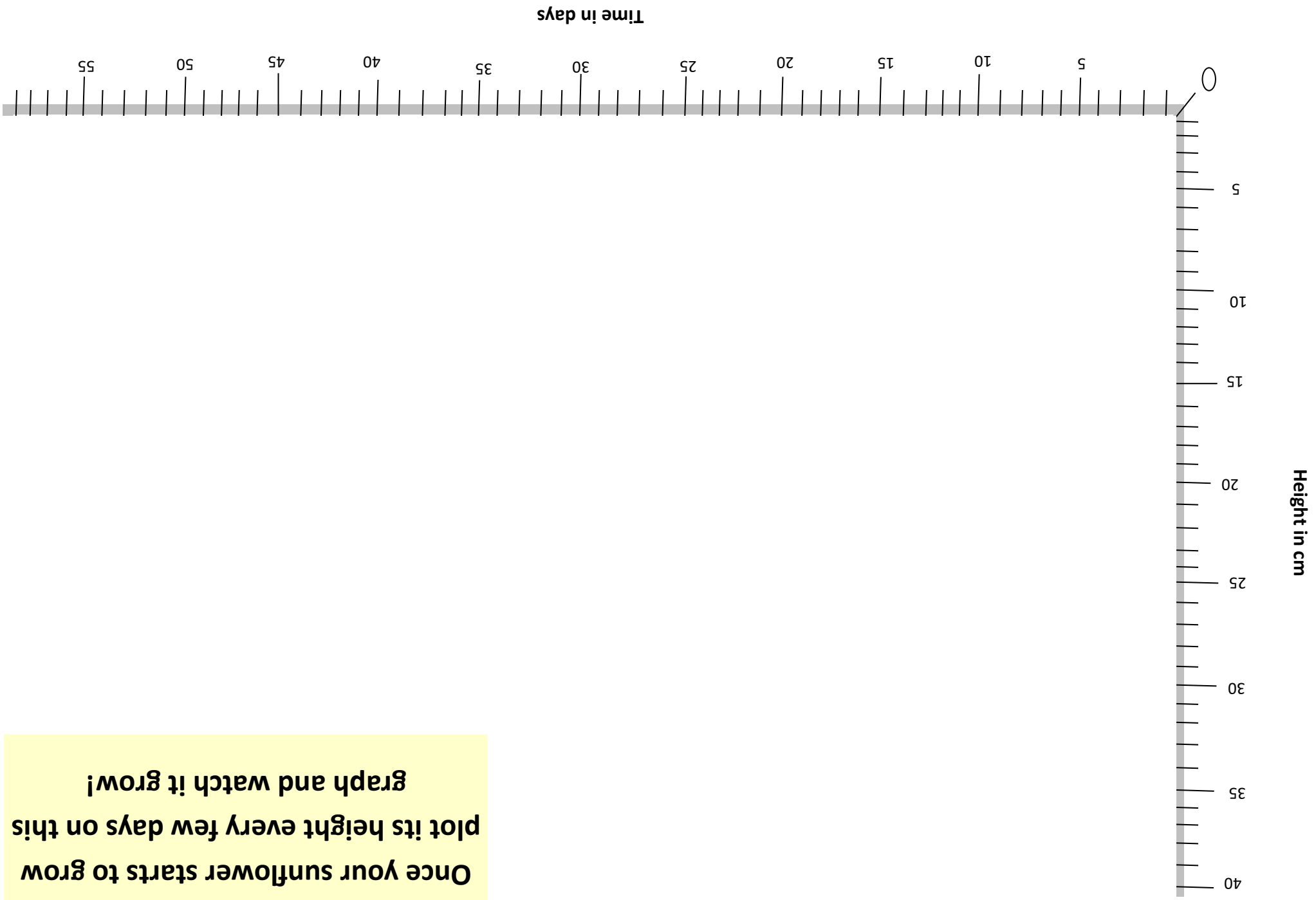
## 10 sunny facts about sunflowers

1. They are native to America.
2. They need lots of sun and space to grow.
3. They track the sun throughout the day.
4. The world's tallest sunflower was 30 feet and 1 inch tall.
5. Sunflowers have been grown in outer space.
6. A sunflower is actually made up of thousands of tiny flowers called florets.
7. Each sunflower can contain up to 2000 seeds.
8. There are around 70 species of Sunflower.
9. Sunflowers can be planted to help absorb nuclear radiation.
10. You should harvest sunflowers in the morning otherwise they may wilt.



## How to grow your sunflower

1. Fill a pot almost to the top with soil or compost.
2. Push a hole with your finger in the centre of the pot about 1.5cm deep.
3. Drop in your sunflower seed and gently cover with soil.
4. Water your seed until the soil is damp.
5. Place your pot on a window sill where it will get plenty of light with a plate or a tray underneath to catch the drips of water.
6. Water your sunflower only when the soil becomes dry to touch.
7. Once the shoots can be seen, re-plant the sunflower in your garden.



Once your sunflower starts to grow plot its height every few days on this graph and watch it grow!